

## Welcome to the Awesomism Process

Since 1999, Awesomism processes have not only been supporting parents and professionals to understand energetically sensitive children more deeply but also to create the necessary shifts in consciousness to establish a clear, intuitive connection to the children, ultimately allowing you to learn directly from them and them from you.

You see, it is not enough for us to simply better understand these children through our current lens. Their invitation to us is to evolve our consciousness beyond what we have known before to include a more expansive and loving perspective of what it means to be human. If you are willing to open yourself to their vantage point, together we can provide a gateway for them to find their "voice" and for you to know yourself beyond what you have known before.

The word Awesomism comes directly from my experiences with the children. It became clear to me, after working with thousands of families worldwide, that the word "autism" - which has come to denote a disorder – provides a far from complete picture of who these children are and what they know. Like the individuals that inspired me to coin the term back in 1999, the word "Awesomism"

has broken the bounds of all previously accepted grammatical classifications to become a noun and a verb, a concept and an approach, a program and an invaluable support system for all who experience energetic sensitivity and, ultimately, both a movement and a new way of expressing in the world.

The Awesomism Process does not simply educate, it transforms. However, your capacity to experience yourself and the children beyond what you have experienced before lies within you. We have all heard the phrase, "You get out of an experience what you put into it." This process is no exception! What I can confirm after watching countless people go through this process, is that if you fully participate, you will grow in your connection to yourself and to the children in ways you cannot yet imagine. To achieve this level of transformation the following recommendations are made:

- 1) Go through the modules at your own pace.
- 2) Take time to integrate the information.
- 3) Make sure to read the supplemental articles.
- 4) Listen to and participate in all of the energy exercises.

5) Go through the whole process in sequence at least once, and then return to those modules that you feel require reinforcement.

You can go through this process multiple times to deepen your awareness, alignment, and connection to yourself and the children. Because of its multilayered nature, you will gain something different from the material each time!

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